

Dr. Zick is a Research Professor in Family Medicine and Nutritional Sciences, and Co-Director of the Integrative Family Medicine Program at the University of Michigan. Dr. Zick's research interests include the use and implementation of complementary therapies including self-acupressure and whole food diets for control of cancer-related symptoms of fatigue, sleep disturbance and quality of life. She has developed a mobile application to help implement self-acupressure and whole food diets into 'real world' clinical and community settings. Dr. Zick is also the course director of an NCI education grant to teach oncology providers evidence-based integrative oncology. She is the Co-director of the Society for Integrative Oncology (SIO) Clinical Practice Guideline Committee and is a panel member for the joint American Society for Clinical Oncology-SIO Fatigue in Cancer Clinical Practice Guidelines.