Marsha D. Banks-Harold, BSEE, Director of PIES Fitness Holistic Yoga Therapy and Yoga Teacher Training Programs, owner of PIES Fitness Yoga Studio, creator of My Body Don't Bend That Way Yoga, executive engineering leader, and co-founder of Awakening Yoga Spaces, is a Certified Yoga Therapist and member of the Board of Directors through the International Association of Yoga Therapists and a Trauma Center Trauma Sensitive Yoga Facilitator and Mentor through the Center for Trauma and Embodiment. She is published in Yoga Therapy Today: 1) Building the Business of Yoga Therapy and 2) Reclaiming Humanity & Community: Healing the Trauma, Pain, & Suffering of Prejudice and Disparity and is a contributing author in Yoga Therapy Foundations, Tools, and Practice: a Comprehensive Textbook and in Yoga Therapy Across the Cancer Care Continuum. Marsha blossoms in creating supportive, inclusive, diverse, adaptive and accessible yoga therapy and yoga experiences for all. She is an experienced workshop leader and public speaker.