

SIO 2023 Invited Speaker Presentation

Title: Using Integrative Oncology to heal from post-cancer anxiety and depression: A survivor's perspective

Bio: Dr. Deleemans holds a PhD in Medical Science specializing in psychosocial oncology and behavioural medicine from the University of Calgary Cumming School of Medicine. She is also a patient advocate and stage IV laryngeal cancer survivor, diagnosed in 2006 at age 18. Presently she is a Postdoctoral Research Fellow at the University of Calgary in the Department of Oncology. Dr. Deleemans' primary research investigates the long-term impact of cancer treatments on the gut microbiota, gastrointestinal and psychosocial symptoms in survivors of cancer, and developing integrative behavioural and nutrition-based interventions to prevent and reduce these symptoms. Through her research and advocacy work, she is passionate about helping others affected by cancer.